

Leading with Emotional Intelligence



When it comes to leadership, traditional intelligence only goes so far. For many of the world's most effective leaders, emotional intelligence (EI) is the secret to their sustained success. These are the emotional and social skills that shape how you communicate, learn and grow, handle challenges, and relate to others. The Forward Project® builds EI assessment and training into leadership development programs because it delivers measurable results.

Emotional Intelligence Assessments

The Forward Project uses the Emotional Intelligence Inventory (EQ-i 2.0®), the first scientifically validated emotional intelligence assessment tool in the world. By understanding our clients' baseline emotional intelligence, we can develop tailored coaching to build strategies and practices that build on strengths and shore up challenges. Whether you choose individual assessments or a 360° approach, we can integrate EQ-i into any engagement.

Integrating EI into Leadership Development

Building upon the assessment findings, The Forward Project integrates EI development efforts into our workshops and individualized coaching programs. We focus on five areas of emotional and social performance that make up emotional intelligence:



Self-perception



Self-expression



Interpersonal skills



Decision-making



Stress management



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By giving your teams the resources to strengthen in these areas, you can foster a high-performance culture that stays true to your values. From increased motivation and engagement to connected, highly responsive teams, developing emotional intelligence delivers lasting business impacts, including higher sales and profits, improved customer satisfaction, decreased attrition, and reduced training costs.

If you're ready to make emotional intelligence part of your organization's approach to leadership development, The Forward Project will make it happen. Contact us today for an EI-integrated training plan— MoveForward@TheForwardProject.co.

The Forward Project designs and develops powerful mindset, emotional intelligence, behavior-based leadership, and team-building training programs that deliver results. Through self- and 360-assessments, workshops, group sessions, facilitation, and one-on-one coaching, we guide teams to understand their existing leadership foundation, build upon their strengths, and consciously develop and practice deeper, more impactful skills. Our goal is to foster the best leadership and enable your company and your team to discover new ways to grow revenues, strengthen your culture, and accelerate your impact.