



## Strategies That Maximize Mindset

Building a powerful mindset takes discipline, repetition, and commitment. Neuroscience has shown us that we can shape our mindset by creating brain cell pathways that strengthen with practice, form into behaviors, and eventually become habits. Exemplary leadership skills come from developing a more productive and constructive mindset by actively wiring those neural pathways through consistent training.

With one-on-one and group coaching sessions, your team will expand on their strengths and extend their reach as leaders. Our training sessions build in accountability and inspire participants to continuously hone and deepen their skills and self-awareness.

### Midas Mind™ Reset Program

Build a mindset that enhances professional performance and turns obstacles into opportunities. This five-session program explores the importance of mindset and how developing an effective mindset can strengthen your leadership foundation and benefit your business. You will learn the tools and gain the practice needed to elevate your mindset and make more purposeful and informed decisions.



## Next Step: The Leadership Challenge

Once you've solidified your inner leadership framework with the Midas Mind™ Reset Program, it's time to explore our behavior-based programs and take external actions that deliver exponential impact. Used by Fortune 500 companies, The Leadership Challenge® uses the Five Practices of Exemplary Leadership® to grow your potential and guide your continued leadership journey.

**If you're ready to empower your executive team or emerging leaders with skills that will take your organization further, The Forward Project™ is here. Contact us today for a tailored training plan— [moveforward@theforwardproject.co](mailto:moveforward@theforwardproject.co).**

## Empowering Leaders. Exceptional Outcomes.

The Forward Project delivers powerful mindset and behavior-based leadership training programs that deliver results. Through self- and 360-assessments, workshops, and one-on-one coaching, we guide teams to understand their existing leadership foundation, build upon their strengths, and consciously develop and practice deeper, more impactful skills. Our goal is to foster the best leadership and enable your company and your team to discover new ways to grow revenues, strengthen your culture, and accelerate your impact.